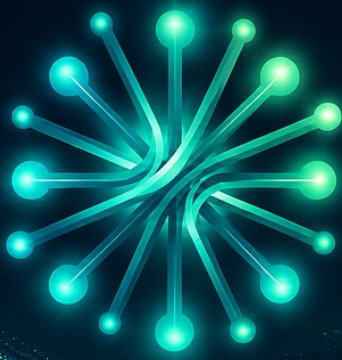




Xynara

Analytics

Turning Complex Data into Clear Business Decisions

Xynara Trade Journal

USER MANUAL · VERSION 1.2.3

A private, local-first trading journal. Your data never leaves your computer.

1 GETTING STARTED

1. Unzip the Xynara Trade Journal folder anywhere you like, such as Documents. Keep every file and folder together.
2. Double-click Xynara Trade Journal.exe. Nothing else needs to be installed; the app opens in your browser after a few seconds.
3. Windows may show Windows protected your PC the first time because the app is new and not yet code-signed. Click More info, then Run anyway.

Closing only the browser tab may leave the local app running. To quit fully, close both the browser tab and the Xynara Trade Journal app window in the taskbar.

2 YOUR DATA, PRIVACY AND BACKUPS

EVERYTHING STAYS ON YOUR COMPUTER

Your trades are stored in trade_journal.db, and chart images are stored in the screenshots folder beside the app. Nothing is uploaded, and no account is required.

Export vs backup: CSV/Excel exports are portable trade tables for analysis or re-import. Download full backup (ZIP) protects the complete database and screenshots and is the recommended backup before an update.

3 DASHBOARD

Use the Period selector to view this week, this month or all time. The app remembers your choice while it remains open. The dashboard summarizes key metrics, the cumulative equity curve, goal progress and your most recent trades.

4 LOGGING A TRADE

Only Symbol, Entry price and Position size are required. Leave Exit at 0 while a trade is open, and leave Stop loss / Take profit at 0 when they were not set. Time accepts formats such as 9:30, 14:30:15 and 0930.

After saving, P&L appears below the Save button. Prices, psychology scores, notes and screenshot clear for the next entry, while symbol, market, method and indicators remain filled for faster consecutive entries.

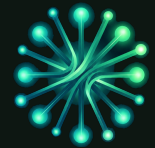
5 IMPORTING YOUR TRADE HISTORY

Upload a CSV or Excel file in Import Data. The app guesses the column mapping, but you should review every field before importing. For a missing context field such as Market, choose Not in file, use fixed value. Existing duplicates are skipped automatically.

IMPORTANT IMPORT CHECK

Before importing, verify Entry, Exit, Stop Loss, Take Profit, Position Size and Actual P&L in both Column Mapping and Import Preview. Incorrectly placed columns will produce incorrect metrics and charts.

Goals and Trade History



6 GOALS

Create weekly or monthly goals in the Goals tab. Progress updates from your recorded trades, helping you compare targets with actual performance. Review goal progress regularly, but interpret percentages only after a meaningful number of closed trades.

7 THE FOUR VIEWS

Overview	Your daily glance: metrics, equity curve, monthly P&L, calendar and planned risk/reward trend.
Breakdowns	P&L by symbol, method, weekday and strategy. Unlocks at 20 closed trades so conclusions are not drawn from too little data.
Psychology	How confidence, emotional control and tagged mistakes relate to results - patterns in yourself, not only the market.
Trade Log	The full table. Select one trade to view its chart or edit it; select several to delete them together.

8 WHAT EACH CHART TELLS YOU

Equity curve	Cumulative P&L trade by trade. Look at the direction, consistency and depth of drawdowns.
Monthly P&L / calendar	Profit or loss per month and per day, colored green or red - a fast view of good and bad stretches.
Planned R:R trend	Average planned risk/reward by month. It can improve before overall results improve.
Win rate by strategy	Bar height shows win rate; color shows whether the strategy is net profitable. Requires 5 closed trades per strategy.
Confidence & emotion	Average P&L grouped by confidence and emotional-control scores - useful for testing whether calm trades perform better.
Mistake tags	P&L grouped by mistakes such as FOMO or moved stop loss, showing which habits actually cost money.
Profit factor / expectancy	Gross profit divided by gross loss, and average P&L per trade - two ways to assess whether the process is working.
Max drawdown	The largest peak-to-trough fall in cumulative P&L - your worst losing stretch so far.

9 UPDATING XYNARA TRADE JOURNAL SAFELY

1. Before updating, use Settings > Download full backup (ZIP). For extra protection, close the app and copy trade_journal.db, screenshots, backups and exports.
2. Replace only the program files supplied with the new version. Do not delete or overwrite your database or user-data folders.
3. Launch the new EXE and confirm that your trades and screenshots appear before removing the previous copy.

GOOD TO KNOW

Themes, currency, default market and method live in Settings. Hover over charts for exact values and over a metric card's question mark for a short explanation.

When importing or re-importing a file, make sure every source column is mapped to the correct Xynara Trade Journal field. Review both Column Mapping and Import Preview before confirming the import.